

PARENT NEWSLETTER



October 2023

Principal's Message

Meadow Lane Families,

It is officially Fall and there is a lot going on at Meadow Lane.

Title 1 Parent Conferences are being held for students, we are hosting a Fire Safety Demonstration for our TK-2 graders, classes are taking field trips, our Parent Booster Club is gearing up for the spooktacular Fall Festival, and so much more!

Get involved: Volunteers provide much needed assistance to students and teachers in many ways, from attending school field trips to instructional activities. We value your involvement and participation. If you are interested in volunteering please stop by the office and inquire within. All volunteers must complete a Meagan's Law background check. Regular volunteers will be required to submit LiveScan fingerprints through our District Office. Parents can also join our School Site Council. We are looking for 3 parent representatives to join this year. This is a decision-making body including staff and parents that meet throughout the year to discuss and review our school site plans! Please let your child's teacher know if you're interested or stop by the Office.

As always, please reach out if you have questions or concerns. Go Eagles!

Karen Maki
Principal



School Information

Begins at 8:00 am

Dismissal: TK/K at 1:45 pm, Minimum at 12:45 pm

Dismissal: 1st-5th at 2:00 pm, Minimum at 1:00 pm

School Holidays & Breaks

11/10 Veteran's Day Holiday

11/20-24 Thanksgiving Break

12/22-1/8 Winter Break

Please Arrive on Time to School

If your student arrives after 8:00 am, please have them check in at the office for a pass to class. The office is able to then mark them present and avoids autodialer calls stating your student is absent. Thank you for your cooperation, it is important to have accurate attendance for student safety. If your child is going to be **absent please call** the school office at (530) 378-7030.

JUST A LITTLE *Reminder*

10/2-13 Holiday Catalog Fundraiser

**10/3, 4 Minimum Days Students
Dismissed at 1:00**

10/3, 4 Title 1 Parent Conferences

10/3 Parent Booster Meeting 6:00pm

10/4 National Walk to School Day

10/6 Coffee with The Principal 8:00 am

10/19 Picture Day Make Up

**10/20 Halloween Cake Contest
submission deadline 8:00 pm**

10/27 Annual Fall Carnival 6-8pm

10/31 Halloween Costume Parade

OCTOBER SCHOOL NEWS

Kindness Tuesday



Join us every Tuesday in wearing a shirt with a positive message to promote kindness all over our campus! Staff and students are encouraged to wear kindness shirts and to practice positivity throughout our school.

Picture Make Up Day



Picture Make Up/Retake day will be Thursday, October 19th. If your student missed the first picture day we will send home a new order form with them soon. Lifetouch will be sending ordered picture packets soon. We will distribute when we receive them to your child's teacher.

School Spirit Fridays

Show your school spirit every Friday! Wear your Meadow Lane Eagles t-shirts or school colors with pride. Let's turn the whole school blue and white. Students who wear school colors and/or Meadow Lane t-shirts will have a SPIRIT TICKET for each Friday they participate entered into a drawing held by our Parent Booster Club at our Trimester Award Assemblies. If you would like to purchase a Meadow Lane t-shirt or hoodie please stop by the office to pick up an order form.

Attendance & Sick Students

Student attendance plays an important role in your child's academic success. As we enter cold and flu season please remember to keep your child home if they have a fever; they must be fever free without medication for 24 hours to return, if they are vomiting and/or have diarrhea, they can return 24 hours after the last episode. If your child is sick, please notify the office by calling or respond to the ParentSquare Absence notification for it to be considered excused. If your child has a dentist or doctor appointment it is good practice to request a note to give to the Attendance Clerk when your child returns to school. If your student returns to school with a doctor's note they will be given a "Golden Ticket" to enter Friday's weekly prize raffle for being responsible.

Community Schools Coordinator

Meadow Lane would like to welcome Kolbi Kershner, she is our new Community Schools Coordinator. This new position was added to provide additional support to our students and their families. Kolbi can help families navigate and connect to resources within our school system and the community. Some community resources may include parenting classes, mental health resources, transportation options, housing, or other family needs. Kolbi will be on campus Monday-Friday from 7:30-4:00. You can find her in the office or contact her at (530) 782-0987 or kolbi.kershner@cuesd.com.

Join the Parent Booster Club

The next meeting Tuesday, October 3rd at 6:00 pm in room #4. This meeting the Booster Club will be focused on the Holiday Catalog Fundraiser and the Annual Fall Carnival. Please come and lend your skills and talents.

Questions? Find the Answers here:

Our Website is always packed with dates, details and upcoming events. You can find the monthly menu under Students & Families section. The district calendar has it's own button, it's easy to look up especially if you are not at home. Our Facebook page is another resource, we post reminders, fun pictures of students and of our new building construction.

Label, Label, Label

Our LOST & FOUND is growing, especially as the weather changes. Please label your child's clothing, water bottles and lunch boxes with their full name. Our LOST & FOUND is located in the front office or outside the door on a hanging rack. Students can earn a "Golden Ticket" by showing a staff member that their jacket, hoodie, sweater, etc. is marked with their first and last name.



OCTOBER SCHOOL NEWS



Walk to School Day

Cascade Union Elementary School District is participating in the National **Walk to School Day** on Wednesday, October 4th. Parents please meet at Anderson Fitness that morning between 7:15 & 7:30 am and walk your student to school. Thank you to Anderson Family Fitness for allowing us to assemble and walk to school in groups.

Monthly Character Trait

Each month Meadow Lane teachers and staff focus on a character building trait with students. The monthly trait is listed on the School Even Calendar in Purple Ink next to the month. Please talk to your child about being a Self Directed Learner, and the 3 steps to help them with that goal: Engage, Empower and Excel. See more information on the attached Family Newsletter from Capturing Kids Hearts.

Coffee with The Principal



You are invited to have coffee and donuts with our Principal, Mrs. Maki on Friday, October 6th from 8:00-8:30 am. She is excited to have an opportunity to meet and chat with you. Meet her in room #2 near the temporary cafeteria.

Holiday Catalog Fundraiser

Help support Meadow Lane by participating in our fundraiser. The Booster Club is so supportive of our teachers and students. They have created and funded events for our students like the Leprechaun and Easter Egg hunts just to name a couple. Please see the flyer for more information and watch for the fundraising packet to come home with your child.



Halloween Events

We have a great week of fun events and dress up days planned. Please see included flyers for more information for the events below.

Halloween Costume Parade

On Tuesday, October 31st after lunches are finished we will be having a "Costume Parade" on campus for all our students to enjoy! Make sure to check out our Facebook account to see all the fun! Please make sure students bring an appropriate costume to school to **put on after lunch**. Please make sure that the costume they wear is comfortable, can be easily put on and it is easy to use the restroom while wearing. **No masks, weapons, blood or gore allowed.**

Cake Decorating Contest

Have your child bake a Halloween Cake for the contest! Please have your child do as much of the work as they can. Take a photo of your child and their cake and submit it to our Parent Booster Club's Facebook Page through messenger by 8:00 pm on Thursday October 20th. Winners will be announced on October 26th on Facebook.

Halloween Carnival

The Meadow Lane Parent Booster Club will be hosting our annual Halloween Carnival on Friday, October 27th from 6-8:00 pm. Join us for a Spooky Fun time. Candy donations for this event would be greatly appreciated. Please drop off any candy donations at the office by Wednesday, October 23rd, they also have an Amazon Wish List. Wish List link is on Facebook and on Parent Square. Please see attached flyer to preorder game tickets and Hot dog or Nacho meals. They have a special family pack that includes dinner for 4 and 30 game tickets to enjoy the carnival. Our Booster Club goes all out for this event.

Meadow Lane Elementary School

Construction Update



We are so excited! Our new building is really taking shape as the picture above shows. We are still awaiting a major electrical component and trying to pre-schedule work with PG & E once it arrives. The crew is currently using temporary power for lights and electrical needs as they work. This part has been on order since before the project began and the delay is reflective of the COVID shutdown.

Our students were fascinated watching the landscape crew install the SOD, plant trees and shrubs. It is amazing how much the landscaping added to our new space. We have stared at dirt, concrete and asphalt for over a year. I hope you had a chance to see how beautiful it looked at back to school night.

What you can't see is all the finishing touches going on inside! The office now has countertops, flooring and bathroom fixtures. You can really visualize the space. Student restrooms have toilets, stalls, flooring and sinks. The kitchen has shelving, a commercial dishwasher, Hobart mixer, the stove, and walk in refrigerator and freezers installed. The gymnasium flooring has been installed and is looking fabulous. We still don't have a move in date yet but we are hoping it will be before the end of the year.



August & September's **EMPATHY** Character Award Recipients

Adeline Mason
Alaya Crites
Amour Anderson
Andrea Gomez
Anika Jennings
Aubrey Ruiz
Bayley Hancock
Brentley Wimmer
Brooklynn Olson-Epley
Brynlee Haas
Carter Moreno- McCracken
Cayde Thengvall
Cennedeigh O'Hara
Colton Steinbeiss
Isaac Jump
Isabel Hunt Ponce
Isabella Wolfman
Isaias Jimenez
Jerold Gallegos
Karter Mimbs
Keegan Zuckswert
Kennedy Wolf
Kinsley Harper
Kyler Kass
Lilly Kesner
Madison Judd
Maleah Emmerich
Maya Fotovat
Quentin Rincon
Raylinn Beck
Rayne Beck
Reed Thomas
Ryan Silva
Ryddik Wimmer
Sakaree Perry
Sammy Noble
Sawyer Melton
Sophia St. John
Zayden Spangrude-Clemens

October's Character Trait is SELF DIRECT

Capturing Kids' Hearts | Family Newsletter #3



Think, Choose, Act

Lead yourself to who you want to be.

This month, we're challenging students to envision future goals and take intentional steps toward who they want to be. We are partnering with you to grow and develop your child's ability to self-direct. We can model self-direction by celebrating the positive in each day, seeking the good in others, and emphasizing our responsibility to make positive choices.



1 ENGAGE: Find the Good!

Self-direct your thoughts and share Good Things as a family each day. After school, around the dinner table, or before bed, ask each family member to share something good from the day. We often see what we seek! Let's focus on finding the good.



2 EMPOWER: Make a Plan

If your student doesn't already use a planner, empower them to start using one to manage their time better. Have a weekly meeting with your student to share what they have added to their planners. You can help them add family gatherings, school events, and due dates.



3 EXCEL: Affirm Daily

Practice growing as a family through positive affirmations. At dinner or some point during the day, give affirmations to each other and share the good things you see. Take it to the next level and think of someone you could affirm outside your family. Challenge each family member to affirm or thank a different person every day this month for something they do or who they are. You can even handwrite a note to thank that person and send them the note in the mail.

Conversation Starters

- ♥ What is one way you can be more responsible at home or school?
- ♥ What is an activity you want to continue to improve?
- ♥ How do you feel when you finish a project?
- ♥ What is something you want to learn to do?



Meadow Lane Elementary School

Is participating in the National Walk to School Day on

October 4, 2023

Join children and adults around the world to
celebrate the benefits of walking.

About our event:

Parents please meet and/or drop off your students at Anderson Family Fitness Center on Wednesday, October 4th between 7:15 and 7:30 AM and we will walk to school as a group. Parents we invite you to walk to school with us. We'd like to thank Anderson Family Fitness for allowing us to assemble and begin walking from their location.

Here are some important safety tips!

- Wait until no traffic is coming to begin crossing. Continue to keep looking for traffic until you have finished crossing.
- Stop at the curb and look left, right, left again, look behind you and in front of you to make sure that no traffic is coming.
- Avoid busy streets and intersections. Use designated sidewalks, crosswalks and intersections.
- Wear bright-colored or reflective clothes when it is dark outside.
- Always make sure you can see traffic and that they can see you. Avoid crossing at areas that have limited or no visibility.
- Walk, don't run across the street.



Meadow Lane

Clothing Drive



October 1st -October 31st

**Please Drop Items Off
in the School Office**

**We are in need of gently
used and new clothing in
all children's sizes**



**Need: shirts, shorts, pants,
jackets and shoes**

**Contact Kolbi Kershner (530)
782-0987 with questions**



ATTEND TO ACHIEVE

ABSENCES ADD UP



Did You Know?

Starting in Kindergarten, too many absences can cause children to fall behind in school.

Missing 10% (18 days) can make it harder to learn key skills, like reading.

Absences can affect the whole classroom.



What You Can Do

Don't let your child stay home unless he/she is truly sick. Keep in mind that complaints of tummy aches may be a sign of anxiety; talk to your child's teacher or counselor.

Avoid extended trips when school is in session; consult the school calendar to see when breaks occur.

Set up a regular bedtime as well as morning and evening routines.



When Do Absences Become a Problem?

Chronic absence: Two or more days per month (excused and unexcused)

Warning Signs: One-two days per month or more than three days in a row.

Satisfactory: One or fewer absences per month.

BREAKFAST

All breakfast includes the following components:
2 Oz. Grains, 1 Cup Fruit & 1 Cup Milk.
*Optional breakfast is cereal, crackers, fruit & milk

OCTOBER 2023

Meadow Lane Elementary School

LUNCH

All lunches include the following components:
1 Cup Milk, 1-2 Oz. Meat/Meat Alt., 1-2 Oz Grains
Fruit & vegetables

Monday

BREAKFAST:
SAUSAGE & CHEESE BISCUIT
FRUIT

LUNCH:
BEAN & CHEESE BURRITO
CARROTS
FRUIT

BREAKFAST:
SAUSAGE & CHEESE BISCUIT
FRUIT

LUNCH:
CHICKEN TENDERS
MASHED POTATOES
FRUIT

BREAKFAST:
SAUSAGE & CHEESE BISCUIT
FRUIT

LUNCH:
LUNCHABLE & CHIPS
CARROTS
FRUIT

BREAKFAST:
SAUSAGE & CHEESE BISCUIT
FRUIT

LUNCH:
BEAN & CHEESE BURRITO
CARROTS
FRUIT

BREAKFAST:
SAUSAGE & CHEESE BISCUIT
FRUIT

LUNCH:
CHICKEN TENDERS
MASHED POTATOES
FRUIT

Tuesday

BREAKFAST:
FRUIT & YOGURT PARFAIT

LUNCH:
EGG MCMUFFIN
JICAMA
FRUIT

BREAKFAST:
FRUIT & YOGURT PARFAIT

LUNCH:
CHICKEN, RICE & BEAN BURRITO
VEGGIE JUICE
FRUIT

BREAKFAST:
FRUIT & YOGURT PARFAIT

LUNCH:
HOT DOG & CHIPS
CORN
FRUIT

BREAKFAST:
FRUIT & YOGURT PARFAIT

LUNCH:
EGG MCMUFFIN
JICAMA
FRUIT

BREAKFAST:
FRUIT & YOGURT PARFAIT

LUNCH:
MUMMY DOG & CHIPS
VEGGIE JUICE
FRUIT

Wednesday

BREAKFAST:
A TO Z MUFFINS
STRING CHEESE & FRUIT

LUNCH:
NACHOS
REFRIED BEANS
FRUIT

BREAKFAST:
A TO Z MUFFINS
STRING CHEESE & FRUIT

LUNCH:
SLOPPY JOES
SALAD
FRUIT

BREAKFAST:
A TO Z MUFFINS
STRING CHEESE & FRUIT

LUNCH:
DELI SANDWICH & CHIPS
SALAD
FRUIT

BREAKFAST:
A TO Z MUFFINS
STRING CHEESE & FRUIT

LUNCH:
NACHOS
REFRIED BEANS
FRUIT

Thursday

BREAKFAST:
EGGS & TOAST
FRUIT

LUNCH:
CHICKEN & RANCH WRAP
BROCCOLI, FRESH
FRUIT

BREAKFAST:
EGGS & TOAST
FRUIT

LUNCH:
MAC & CHEESE
BAKED BEANS
FRUIT

BREAKFAST:
EGGS & TOAST
FRUIT

LUNCH:
SOFT TACOS
REFRIED BEANS
FRUIT

BREAKFAST:
EGGS & TOAST
FRUIT

LUNCH:
CHICKEN & RANCH WRAP
BROCCOLI, FRESH
FRUIT

Friday

BREAKFAST:
WAFFLES
FRUIT

LUNCH:
CORN DOG & CHIPS
SALAD
FRUIT

BREAKFAST:
WAFFLES
FRUIT

LUNCH:
CHICKEN PATTY SANDWICH
CHERRY TOMATOES & RANCH
FRUIT

BREAKFAST:
WAFFLES
FRUIT

LUNCH:
PIZZA
SALAD
FRUIT

BREAKFAST:
WAFFLES
FRUIT

LUNCH:
CORN DOG & CHIPS
SALAD & FRUIT
HAPPY BIRTHDAY TREAT

Menus are subject to change
This institution is an equal opportunity provider.

Happy Birthday to everyone with a birthday in October!
Birthday treat comes with hot lunch only.



Holiday Catalog Fundraiser

Event Dates: October 2, 2023 - October 13, 2023

Help support Meadow Lane by participating in our fundraiser. We are excited to announce the Holiday Collection Catalog that features unique gifts and treats.

Participating students will be awarded prizes based on the number of sales made. Even just one sale wins a prize!

Sell Safe!! For the safety of our students, we strongly discourage door-to-door sales. Ask family members, friends, and coworkers.

To participate show the catalog to family and friends, or share your personal online link.

Collect money for any in person sales (checks made payable to Meadow Lane Boosters)

Turn in your order forms and money *no later than* **October 13, 2023** to make sure we have orders received on time.





MEADOW LANE'S ANNUAL FALL CARNIVAL



Join us at Meadow Lane for our Halloween Carnival!

When? **Friday October 27, 2023**

Time? **6:00pm-8:00pm**

Ticket Presale: Oct 16th - Oct 20th

Presale- 4 game tickets for \$1

Presale Family of 4 Hot Dog Meals- \$25

Presale Family of 4 Nacho Meals- \$22

Family packs include 30 game tickets

At Event- 3 game tickets for \$1

Games cost 1 ticket each

Haunted House costs 3 tickets

To get tickets during presale please complete and detach the bottom of this flyer and return to the school in an envelope with the money for the amount of tickets you are purchasing.



Student Name _____ Grade _____

Amount of Tickets _____ Enclosed \$ _____

Hot Dog Meal Package _____

Nacho Meal Package _____

Halloween Cake Decorating Contest

This years Halloween cake decorating contest will be done through the Meadow Lane Parent Booster Club Facebook page.

Have your child do as much of the work as possible.

Message the Booster Club a photo of your child with their cake, and tell us the child's name, grade, and who their teacher is.

All submissions must be sent by **8:00pm**
on October 20, 2023

Winners will be announced on **Thursday**
October 26, 2023

[Facebook.com/MeadowLaneParentBoosterClub](https://www.facebook.com/MeadowLaneParentBoosterClub)