

BREAKFAST

All breakfasts include the following components: 2 Oz. Grains, 1 Cup Fruit & 1 Cup Milk. *Optional breakfast is cereal, crackers, fruit & milk

MAY 2024

Cascade Union Elementary School District

LUNCH

All lunches include the following components: 1 Cup Milk, 1-2 Oz. Meat/Meat Alt., 1-2 Oz Grains, Fruit & vegetables

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST: SAUSAGE, EGG & CHEESE BISCUIT FRUIT
LUNCH: NACHOS REFRIED BEANS FRUIT

BREAKFAST: BISCUIT & GRAVY FRUIT
LUNCH: TURKEY, RICE & BLACK BEAN BURRITO CARROTS FRUIT

BREAKFAST: HOMEMADE MUFFIN FRUIT
LUNCH: SPAGHETTI & ROLL SALAD FRUIT

REAKFAST: EGGS & TOAST FRUIT
LUNCH: 5 LAYER BEAN DIP & CHIPS CARROTS FRUIT

BREAKFAST: EGG & CHEESE CROISSANT FRUIT
LUNCH: CHICKEN PARMESAN SANDWICH SALAD, FRUIT

BREAKFAST: SAUSAGE, EGG & CHEESE BISCUIT FRUIT
LUNCH: CHICKEN & WAFFLE SANDWICH Choice of Gravy or Syrup HASHBROWN & FRUIT

BREAKFAST: BISCUIT & GRAVY FRUIT
LUNCH: EGG MCMUFFIN HASHBROWNS FRUIT

BREAKFAST: HOMEMADE MUFFIN FRUIT
LUNCH: MAC & CHEESE GREEN BEANS FRUIT

REAKFAST: FRUIT & YOGURT PARFAIT
LUNCH: DELI CROISSANT SANDWICH CARROTS FRESH FRUIT

BREAKFAST: EGG & PANCAKE SANDWICH FRUIT
LUNCH: PIZZA SALAD & FRUIT

BREAKFAST: SAUSAGE, EGG & CHEESE BISCUIT FRUIT
LUNCH: BBQ CHICKEN FLAT BREAD PIZZA CHIPS CARROTS & FRUIT

BREAKFAST: BISCUIT & GRAVY FRUIT
LUNCH: CHEESEBURGER FRENCH FRIES FRUIT

BREAKFAST: HOMEMADE MUFFIN FRUIT
LUNCH: SLOPPY JOES VEGGIES FRUIT

REAKFAST: EGGS & TOAST FRUIT
LUNCH: BAKED ZITI GREEN BEANS FRUIT

BREAKFAST: EGG & CHEESE CROISSANT FRUIT
LUNCH: RIB-A-QUE SANDWICH VEGGIES & RANCH FRUIT

MEMORIAL DAY NO SCHOOL

BREAKFAST: BISCUIT & GRAVY FRUIT
LUNCH: TURKEY, RICE & BLACK BEAN BURRITO CARROTS FRUIT

BREAKFAST: HOMEMADE MUFFIN FRUIT
LUNCH: SPAGHETTI & ROLL SALAD FRUIT

REAKFAST: EGGS & TOAST FRUIT
LUNCH: 5 LAYER BEAN DIP & CHIPS CARROTS FRUIT

BREAKFAST: EGG & PANCAKE SANDWICH FRUIT
LUNCH: CHICKEN PARMESAN SANDWICH SALAD, FRUIT BIRTHDAY TREAT

Menus are subject to change
This institution is an equal opportunity provider

Happy Birthday to everyone with a birthday in May!
Birthday treat comes with hot lunch only.